Menu Items Allergen Check List

Food Safety AUTHORITY OF IRELAND

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

MENU ITEM Type menu items below and indicate allergens using a tick	Cereals*	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts**	Celery	Mustard	Sesame seeds	Sulphur dioxide & sulphites***	Lupins	Molluscs
MAIN COURSES:														
SWEET CHICK. WINGS	✓		✓			✓	✓		✓					
SPICY CHICK. WINGS	✓		✓			✓	✓		✓					
SWEET CAULIFLOWER	✓		✓			✓	✓		✓					
SPICY CAULIFLOWER	✓		✓			✓	✓		✓					
CHICKEN & WAFFLES	✓		✓			✓	✓							
RISOTTO	✓					✓	✓				✓	✓		
FALLS BURGER	✓		✓				✓							
VEGGIE BURGER	✓		✓				✓							
GNOCCHI	✓		✓				✓					✓		
SCAMPI	✓	✓	✓				✓			✓	✓			
FISH & CHIPS	✓	✓	✓	✓			✓				✓		✓	
SEAFOOD PIE	✓	✓		✓			✓		✓					✓
CHICKEN BOX	✓		✓			✓	✓							
BEEF BOX	✓						✓		✓			✓		
SIRLION /FILLET STEAK	✓		✓				✓			✓				
CHECK SIDES/SAUCES														

* Containing gluten (wheat, rye, barley & oats)
** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
*** e.g. found in sausages, burgers, wine
✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit **www.fsai.ie/allergens** or contact us at **info@fsai.ie**